

Soya Halibut Steak



This is a quick and flavorful halibut recipe. The rich color of the basting sauce gives a lot of character to this dish.

Prep Time: 10 minutes

Cook Time: 10 minutes

Total Time: 20 minutes

Yield: Serves 2

Ingredients:

1 pound halibut steaks
2 tablespoons butter
2 tablespoons brown sugar
1 tablespoon lemon juice
1 tablespoon soy sauce
2 cloves garlic, minced
Salt and pepper to taste

Preparation:

Combine all ingredients, except the halibut, in a small saucepan over a medium heat. Mix until sugar is dissolved. Preheat grill. Place halibut steaks on grill and cook on each side for about 5 minutes basting with sauce. Grill until done. Halibut should be opaque through to the middle and flake easily with a fork. Discard remaining sauce.